

Basic Double-Down Patterns

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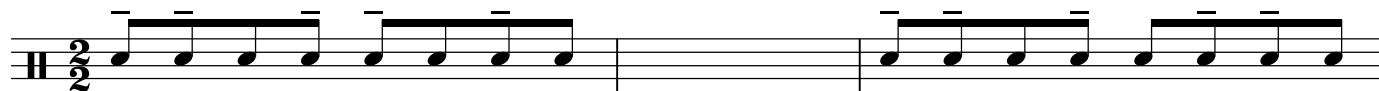
Triple Time Patterns



Just for Metric Fun...

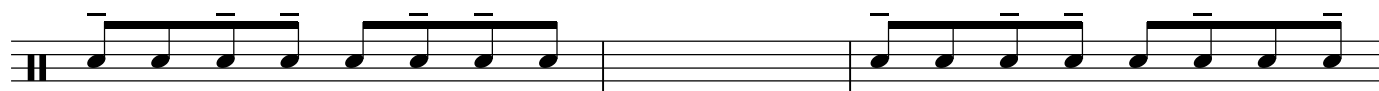


Duple Time 2-2-1 Patterns



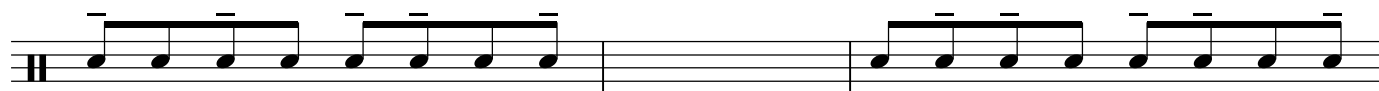
(3+3+2)

(3+2+3)

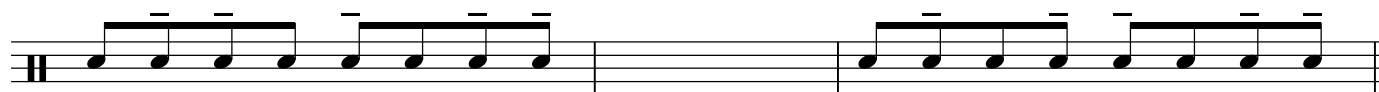


(this one is probably most common)
(3+3+2 AND 2+3+3)

(3+2+3)



(2+3+3)



Practice each in isolation, by inserting bars of "check pattern" (normal alternating patterns- DUD UDU or DUDU), between each figure, and by stringing them together in sequence. Repeat each pattern a specific amount of times- 16, 8, 4, 2, 1 are all good, but you could certainly do any odd number of repeats also.

Experiment at your leisure with different accents and voicings. Common accent patterns are below a few of the duple 2-2-1 patterns. Be Creative!